

Referenceliste til artikel i Dansk Sportsmedicin nr. 3, 2006:

Træning i varmt vand

Af Carsten Juhl, forsknings og udviklingsfysioterapeut og Vibeke Pires, afdelingfysioterapeut
Amtssygehuset i Gentofte

1. 33. Bartels EM, Lund H, Danneskiold-Samsøe B. Bassinterapi ved reumatoid artrit. Ugeskr læger 2001; 163:5507-13.
2. Kostapopoulos D. Comparative effects of aquatic recreational and aquatic exercise programs on mobility, pain perception, and treatment satisfaction among elderly persons with osteoarthritis of the knee. New York University 2000, Ph. D.
3. Helliwell PS, Abott CA, Chamberlain MA. A randomised trial of three different physiotherapy regimes in ankylosing spondylitis. Physiotherapy 1996;82(2):85-90.
4. Gusi N, Tomas-Carus P, Hakkinen A, Hakkinen K, Ortega-Alonso A. Exercise in waist-high warm water decreases pain and improves health-related quality of life and strength in the lower extremities in women with fibromyalgia. Arthritis Rheum. 2006 Feb 15;55(1):66-73.
5. Wadell K, Sundelin G, Henriksson-Larsen K, Lundgren R. High intensity physical group training in water--an effective training modality for patients with COPD. Respir Med. 2004 May;98(5):428-38.
6. Sjogren T, Long N, Storay I, Smith J. Group hydrotherapy versus group land-based treatment for chronic low back pain. Physiother Res Int. 1997;2(4):212-22.
7. Devereux K, Robertson D, Briffa NK. Effects of a water-based program on women 65 years and over: a randomised controlled trial. Aust J Physiother. 2005;51(2):102-8.
8. Danneskiold-Samsøe B, Lund H, Avlund K. (red.) Klinisk reumatologi for ergoterapeuter og fysioterapeuter. Munksgaard Købehavn 2002.
9. Bech K, Andersen LS, Lange M, Sigmund H (red). Leddegigt – medicinsk teknologivurdering af diagnostik og behandling. København: Sundhedsstyrelsen 2002.
10. Friis J, Junker P, Manniche C, Petersen J, Steengaard-Pedersen K. (red.) Reumatologi FADL København 2001.
11. Pedersen BK, Saltin B. Fysisk aktivitet – en håndbog om forebyggelse og behandling. Center for forebyggelse. Sundhedsstyrelsen København 2003.
12. Juhl CB. Bassintræning til reumatoid artrit, osteoartrose og ankyloserende spondylit. Master of public health. Københavns universitet 2004.
13. Rintala P, Kettunen H, McCubbin JA. Effects of water exercise program for individuals with rheumatoid arthritis. Sports Med Train Rehab 1996;7(3):31-38.
14. Dial C, Windsor RA. A formative evaluation of a health education - water exercise program for class II and class III adult rheumatoid patients. Patient Educ Coun 1985;7:33-42.
15. Wyatt FB, Milam S, Manske RC, Deere R. The effects of aquatic and traditional exercise program on persons with osteoarthritis. J Strength Condition Res 2001;15(3):337-40.
16. Yurtkuran M, Yurtkuran MA, Dilek M, Güllülü Y, Karaloc, Bingöl Ü. A randomised controlled study of balneotherapy in patients with rheumatoid arthritis. Phys Rehab Kur Med 1999;9:92-6.
17. Stenström CH, Lidell B, Swanberg E, Swanberg P, Harms-Ringdal K, Nordemar R. Intensive dynamic training in water for rheumatoid arthritis functional class II – A long term study of effect. Scand J Rheumatol 1991;20(5):358-365.
18. Rasmussen JO, Hansen TM. Physical training for patients with ankylosing spondylitis. Arthritis Care Res 1989;2:25-7.